

Parr's Ridge **ABC care** Newsletter

Quality School Age Child Care
Non-Profit Company

January/February 2019

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UPCOMING EVENTS

January –We will focus on Integrity

Look for our dry erase board on the Parent table each week to see when we will:

- See how Germs grow
- Making Straw Rockets and Moon Sand
- Making an igloo
- Reading Ruby Bridges
- Shadow Puppets and Sun Dials

February–We will focus on Justice and Fairness

Watch for these fun activities and events:

- Ice Sculptures, and Ice Melt Experiments. Making our own snow
- Chocolate Party-tasting and making chocolate
- Create a pretzel log cabin
- Stem activity-Penny science
- Reading all Dr. Seuss Books

DINNER CHAT

Integrity is the concept that even when no one is looking you choose to do the right thing. Talk to your child about situations that may arise and how we can show integrity in any situation.

CLUB ACTIVITIES

- **Pokémon Club– Meets on Mondays**—Make Posters, Make instructions for beginners
- **Slime Club– Meets on Thursdays** -glow in the dark slime, create your own slime

DON'T FORGET

- Please remember to check your parent mailbox daily.
- Inclement weather policy-2-hour delay ABC Care will open 2 hours late on site and any early dismissal means we close early at the center as well.

FROM THE OFFICE

Happy New Year! This fall, September 2019, ABC Care celebrates 30 years providing high quality school age child care for the families of Carroll County. Many things have changed over the last 30 years in our community, but our commitment to providing the best school age care remains strong.

In this day and age of huge technological advances, a revolution has occurred regarding what we have discovered about the mechanics of the brain and the nature of human intelligence. Individuals working in biology, neuroscience, linguistics, philosophy, and psychology have come together to probe the innate ability that powers human learning. One of their most stunning discoveries (at least regarding ABC Care working in school age child care) is that **INTELLIGENCE GROWS!** Conventional wisdom states: Intelligence is genetic and immutable. People are born with a certain amount of general intelligence and this level is fixed for life. Researchers have discovered that: **The brain is not akin to a machine that is permanently hardwired in the first few years of life. It is changing and organic.** With the right environmental stimuli, the brain's neural connections can grow both in number and complexity, and the lines of communication that carry the information between neurons can become more efficient. In the right circumstances, the brain can perfect its own circuits so it is better able to learn. This phenomenon is known as "neuroplasticity", and its discovery has been heralded as a great leap in human history. Intelligence can grow, and more to the point, child care centers and schools can actively accelerate the growth process by providing learning environments. High quality school age programs stimulate the development of neural connections! ABC Care is an after school setting that stimulates emotional, social, and cognitive knowledge and intelligence.

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