



## MECHANICSVILLE SCHOOL PROGRAM SCHEDULE

### BEFORE SCHOOL SCHEDULE

6:45-7:45	Jrs//Srs	<u>Arrival</u> : Snack bar open and available
7:45-8:30	Jrs//Srs	Table Rotations & Art Projects
8:30-9:00	Jrs//Srs	<u>Team Time</u> : The group will meet to discuss upcoming events and/or fundraisers, plan activities, storytelling, brain teasers, or do enrichment activities such as science, art history, math, social studies etc.
9:00-9:15	Jrs/Sr's	<u>Prepare for a day of learning</u> : final bathroom break and clean up. <u>Dismissal</u> : staff escort children to class.

### AFTER SCHOOL SCHEDULE

3:45-4:15	Jrs//Sr's	<u>Arrival &amp; Attendance</u> : Children are warmly greeted by the staff and place their belongings in their personal tote.
4:15-4:35	Jrs//Sr's	Snack bar open and available
4:35-5:15	Jrs/ Sr's	<u>Outside/Gym Games</u> : Large muscle activities such as baseball, soccer, kick ball, team building games, jump rope, relay races, etc.
5:15-6:15	Jrs//Sr's	<u>Table Rotations &amp; Arts and Crafts</u> : Children have the opportunity to utilize their imaginations to create paintings, murals, long-term craft projects; such as doll houses, model cars, clay dinosaurs, and learn artistic techniques and styles of other cultures. <u>Clean Up</u> : Children at various times are assigned to specific jobs and assist in the cleanup of the center.

### PROGRAM ORIENTATION

Parent orientations are held at each center in September/October and again in May for new registrants by the center Director. A tour of the center is given, the daily schedule reviewed and any questions will be addressed. Families enrolling other months of the year may schedule an individual orientation with the Director.

### SNACKS

Snack bars are available to the children both in the morning and afternoon programs. A minimum of two food groups are provided for the children along with milk or fruit juice and water each AM and PM session. The snack bars are available to the children for approximately 30 minutes in the morning and an hour and a half in the afternoon. Snack menus are posted on our Parent Bulletin Boards.