



UPCOMING EVENTS

January

- Jan 1-5: The Season of Brrrr is Here— How do Artic Animals Stay Warm in Water 1/3 (4:30pm) 1/4 Ice Science (4:30pm)
- Jan 8-12: Snow Kidding— Snow Storm in a Jar 1/10 (4:30pm) Water bottle Snowman 1/11(4:30pm) How to Make Snow 1/12 (4:30pm)
- Jan 15-19: I Have a Dream— Family Culture Show and Tell 1/19 (4:15pm) 1/16 Snow Storm in a Jar (5:00pm)
- Jan 22-26: The Land of the Northern Lights— Toasty Toes party 1/26 (4:30pm) Water Color Northern Lights painting 1/25 (4:15pm)

February

- Jan 29-Feb 2: Football Mania— Finger Football 2/1 (4:30pm) Super Bowl Party 2/2 (4:30pm)
- Feb 5-9: It's Science-triffic!- Science Fair 2/9 (4:30pm) Icy Sun Catcher 2/8 (4:30pm)
- Feb 12-16: Willie Wonka Week— Gum Drop Ornament 2/13 (4:30pm) Valentine Celebration 2/15 (4:30pm)
- February 19-23: Home of the Olympics— Mini Olympic Games 2/21 (4:30pm) Ice Skater 2/22 (4:30pm)

DINNER CHAT

As we are rolling into the New Year, during dinner talk to your children about resolutions. Here are some questions you can ask:

- What is something new you would like to try to eat this year? Maybe a fruit or a vegetable?
- What could you do to take on new responsibility this year? Doing the dishes? Walking the dog?

CLUB ACTI VITES

Cooking Club

- Edible Chocolate Slime
- Valentine's Day Sugar Cookies

Sports Club

- Flag Football Skills and Drills
- Awesome Scooter Activities



School Mechanicsville Elementary School
Director: Norma Conway
School Age: Taylor Delph
Assistant: Debbie Lynch

DON'T FORGET

- Gently Used Book Sale Month of January
- Carnation Sale Month of February
- Remember to sign in/out daily.
- Please remember payments are due on the 15th and statements will be sent out on the 1st.

FROM THE OFFICE

Were you aware that each ABC Care center has a “**team incentive plan**” that encourages and rewards your children's positive social interactions and behaviors? Our ABC Care Staff receive numerous trainings on behavior plans for both large groups and individuals. We use incentive programs and also individual “**peace**” or “**cool down**” boxes that teach children to demonstrate a wide variety of their emotions in appropriate ways. We also utilize ABC Care created “**Problem Solving Reports**” to guide children in learning how to resolve social and emotional conflicts.

When you see an **ABC Care Problem Solver Report** or **Conflict Resolution Sheet** please do not view it only in a negative light. They are

excellent learning opportunities for your children to practice both problem solving and conflict resolution skills to enable them to **become happy, successful adults!** We have found that **success with children's development occurs when home, school, and child care are**

all sharing clear communications and working together on common goals; the safety and well being of your child.