



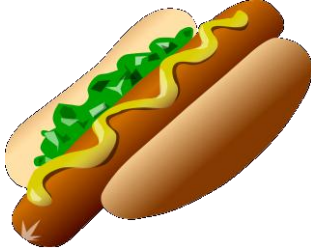
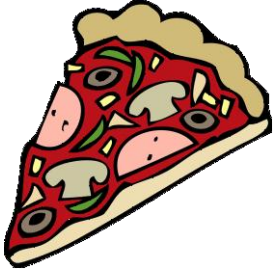






Cascade Water Camp

June 2017




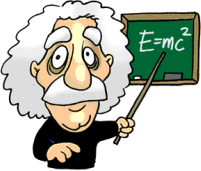
**Note: All Activities are Subject to Change








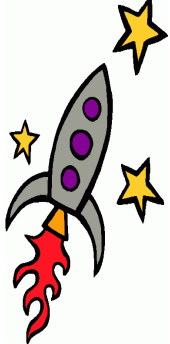



= Kona Ice Day FT=Field trip ST=Swim Trip
 Marvelous Monday FT=Add on trip
 STEM= Science, Technology, Engineering and Math Activities

Sunday	Marvelous Monday	Terrific Tuesday	Wacky Wednesday	Tremendous Thursday	Fabulous Friday	Saturday	
		<p>Lunch note: Bagged lunches must be brought every Monday/Tuesday. (W/TH/F bagged lunches are optional)</p> <p>Hot lunches are available for purchase on W/Th/F. Wednesday is Pizza Day. Thursday and Friday lunch may be purchased from the snack bar with the choice of hot dog, hamburger, cheeseburger or chicken tenders. Lunches come with chips or fries, drink and dessert. Hot lunches must be prepaid by Tuesday of each week.</p>					
							
<p>Here Comes The Sun</p> 	<p>19 Super Sports Day @ Deer Park</p> <p>Tennis: Learn how to volley and serve. Soccer: Practice kicking, dribbling, turning the ball. Games: Crab Walk Soccer, Soccer Kick Contest</p> 	<p>20 Pool Swim Lessons Pool available all day</p> <p>Rotations include: Pool, Swim Lessons, Splash n Play, Water Slide, Water Tubes, Lake, Volleyball, Basketball, Nature Hikes, Team Games</p>	<p>21 Lake swim lessons Crazy Hat Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games</p> <p>Minute to Win It & Pedal Boats</p>	<p>22 Pool Swim Lessons STEM Day: Build a Stream Viewer Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p> <p>Fishing</p>	<p>23 Fun Friday Event Solar S'Mores Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p> <p>Make a Camp Banner Build a Sundial</p> 		
<p>Let's Make Some Waves</p> 	<p>26 Super Sports Day @ Deer Park</p> <p>Basketball: practice dribbling, foul shots, jump shots. Volleyball: learn how to serve, practice setting, and spiking. Games: Pirate Basketball</p> 	<p>27 Pool Swim Lessons Pool available all day</p> <p>Rotations include: Pool, Swim Lessons, Splash n Play, Water Slide, Water Tubes, Lake, Volleyball, Basketball, Nature Hikes, Team Games</p>	<p>28 Lake swim lessons Crazy Hair Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p> <p>Minute to Win It & Pedal Boats</p>	<p>29 Pool Swim Lessons STEM: Ocean In a Bottle Craft Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p> <p>Fishing</p>	<p>30 Fun Friday Event Water Games, Water Relays and Super Soaker Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p> <p>Leak Proof Science</p> 		



Sunday	Marvelous Monday	Terrific Tuesday	Wacky Wednesday	Tremendous Thursday	Fabulous Friday	Saturday
<p>Stars and Stripes</p> 	<p>3 Super Sports Day @ Deer Park Basketball: practice dribbling, foul shots, jump shots. Volleyball: learn how to serve, practice setting, and spiking. Games: Pirate Basketball</p> 	<p>4 Independence Day Holiday observed. Camp is closed</p> 	<p>5 Lake swim lessons Red, White & Blue Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration Pedal Boats</p>	<p>6 Pool Swim Lessons STEM day : Fireworks in a Bottle Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Crafts, Team Games Fishing Day</p>	<p>7 Fun Friday Event Tie Dye Shirt Day (don't forget your white tee shirt!) Splash n Play, Water Slides, Water Tubes Lake, Nature Hikes, Creek Exploration</p>	
<p>We Are The Champions</p> 	<p>10 Marvelous Monday FT Adventure Park USA Super Sports Day @ Deer Park Soccer: Practice Corner Kicks and Throw Ins Football: Learn to throw a spiral, Practice Kick offs Games: 500 Flag Football,</p> 	<p>11 Pool Swim Lessons Pool Available all day Rotations include: Pool, Swim Lessons, Splash n Play, Water Slide, Lake, Team Games, Basketball, Nature Hikes</p>	<p>12 Lake swim lessons Wear Your Favorite Team Shirt Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration Pedal Boats</p>	<p>13 Pool Swim Lessons STEM day: Build a Marshmallow Tower Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Fishing Day</p>	<p>14 Fun Friday Event Minute To Win It Team Challenge Day Splash n Play, Water Slides, Water Tubes Lake, Nature Hikes, Creek Exploration, Team Games. Crafts</p>	
<p>Einstein Engineers and Silly Science</p> 	<p>17 Marvelous Monday FT Red Zone, Timonium Super Sports Day @ Deer Park Tennis: Work on racket control, Play a round with a friend. Kickball: Practice kicking,</p> 	<p>18 Pool Swim Lessons Pool available all day Rotations include: Pool, Swim Lessons, Splash n Play, Water Slide, Water Tubes, Lake Volleyball, Basketball, Nature Hikes</p>	<p>19 Lake swim lessons Mix and Match Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Minute to Win It & Pedal Boats</p>	<p>20 Pool Swim Lessons STEM day: Candy Science Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Crafts, Team Games Fishing Day</p>	<p>21 Fun Friday Event Silly Science Experiments: Elephant Toothpaste and Mentos Rockets Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration</p>	
<p>Diggin' Up Dinosaurs</p> 	<p>24 Marvelous Monday FT Baltimore Science Center Super Sports Day @ Deer Park Basketball: practice dribbling, foul shots, jump shots. Volleyball: learn how to serve, practice setting,</p> 	<p>25 Pool Swim Lessons Pool available all day Rotations include: Pool, Swim Lessons, Splash n Play, Water Slide, Water Tubes, Lake, Volleyball, Basketball, Nature Hikes</p>	<p>26 Lake swim lessons Silly Socks Day Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Minute to Win It & Pedal Boats</p>	<p>27 Pool Swim Lessons STEM day Leak Proof Science Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Fishing Day</p>	<p>28 Fun Friday Event Dinosaur Bones Scavenger Hunt Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p>	



Sunday	Marvelous Monday	Terrific Tuesday	Wacky Wednesday	Tremendous Thursday	Fabulous Friday	Saturday
<p>Slime & Grime</p> 	<p>31 <u>Marvelous Monday FT: Orioles Park at Camden Yards</u> Super Sports Day @ Deer Park Soccer: Practice Corner Kicks and Throw Ins Football: Learn to throw a spiral, Practice Kick offs</p> 	<p>1 Pool Swim Lessons Pool available all day Rotations include: Pool, Swim Lessons, Splash n Play, Water Slide, Lake, Water Tubes, Volleyball, Basketball, Nature Hikes, Team Games, Crafts</p>	<p>2 Lake swim lessons Backwards Day Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Minute to Win It & Pedal Boats</p>	<p>3 Pool swim lessons STEM Day: Shaving Cream Playdough Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Fishing Day</p>	<p>4 Fun Friday Event Messy Games Day (bring a towel, you will get messy!) Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p> 	
<p>To Infinity, And Beyond!</p> 	<p>7 <u>Marvelous Monday FT: Hickory Falls Family Center</u> Super Sports Day @ Deer Park Tennis: Work on racket control, Play a round with a friend. Kickball: Practice kicking, practice bunting, play a game</p> 	<p>8. Pool Swim Lessons Pool available all day Rotations include: Pool, Swim Lessons, Splash n Play, Water Slide, Water Tubes, Lake, Volleyball, Basketball, Nature Hikes, Team Games, Crafts</p>	<p>9 Lake swim lessons You've Got a Friend Day: Dress like your friend! Splash n Play, Water Slides, Lake, Nature Hikes, Creek Exploration, Crafts Minute to Win It & Pedal Boats</p>	<p>10 Pool swim lessons STEM Day: Air Powered Rocket Races Splash n Play, Water Slides, Lake, Nature Hikes Creek Exploration, Team Games, Crafts Fishing Day</p>	<p>11 Fun Friday Event Stomp Rocket Contests Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts</p> 	
<p>Never, Never Land</p> 	<p>14 Super Sports Day @ Deer Park Basketball: practice dribbling, foul shots, jump shots. Volleyball: learn how to serve, practice setting, and Spiking the ball.</p> 	<p>15 Pool Swim Lessons Pool available all day End of the summer pizza party and fun day. <u>ABC Family Swim & Cook out 4-7:30pm</u> <u>See Director for reservation form and more information.</u></p>	<p>16 Lake swim lessons Talk Like a Pirate Day Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Pedal Boats</p>	<p>17 Pool swim lessons STEM Day: Make a Panpipe Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Fishing Day</p>	<p>18 Fun Friday Event Neverland Day Splash n Play, Water Slides, Water Tubes, Lake, Nature Hikes, Creek Exploration, Team Games, Crafts Feather Painting, Create a Treasure Map & Hunt for Treasure</p> 	

Cascade Lake is closed after August 18. **August 21-25 & August 28-September 1** register at **Deer Park Adventure Camp** with 2 field trips included with the camp fees. **You must register for these weeks separately** from Cascade Water Camp. Transportation is available from Sacred Heart to Deer Park Adventure Camp. We also offer our **Piney Run Nature Camp** these two weeks prior to school starting.