



UPCOMING EVENTS

January-Brain Teaser Month

- “Back to the Future” Looking back....looking to the future. Dec 30th –Jan 3 Create a time capsule. Make paper fortune tellers. We will learn more about Iceland. Our character trait will be Integrity.
- “Land of the Vikings”- Jan 13th-17th Create Viking Name Tags, Make a Viking Helmet
- “Choose My Plate”- Jan 27th-31st We will taste test different fruits and vegetables and graph them. “Is it a Fruit or Vegetable?”

February-National Cherry Month

- “Country Emphasis-Japan” - Feb. 3rd-7th— Japanese celebration: Practice slurping noodles. Make pretend Sushi; We will focus on the character traits: Justice/Fairness
- “Chocolate Dreams” Feb. 10th-14th– Make chocolate slime and playdough. 2/14– Valentine’s Day Party
- “Faces of History-Presidents” Feb 17th-21st Create a macaroni memorial and a model of Mt. Rushmore. Hold a mock election.
- “Snow Kidding” -Winter Weather, Snow and Ice; Feb 24th-28th– STEM Activity-Polar Bear Science; Create “Frost in a Can”

DINNER CHAT

Sitting down for dinner as a family is a nice way to unwind away from media distractions like television, internet, and video games. Dinner table conversation fosters an occasion for children to work on communication skills while articulating their own opinions. Try these:

- If you could trade places with your parents for a day, how would you do things differently?
- If you couldn't watch TV or go online for a month, how would you spend that time?

CLUB ACTIVITIES

- Exercise-Mondays-Jump Ropes, lift weights, Yoga
- Beauty Salon– Wednesdays-Make headbands, paint nails, make bath bombs
- Pokémon-Thursdays-Battle, create your own out of clay

DON'T FORGET

- January 1st , January 20th and 29th CCPS Closed
- February 17th CCPS Closed
- Check the dry erase board for important center information such as early dismissals, parties, special events, etc. Please check your parent mailbox.
- Download the Smartcare App and use the QR code to sign in/out each day or set up an 8-digit code!
- Please dress your children for the cold as we will go out side for activities.

FROM THE OFFICE

Each ABC Care center has a “**team incentive plan**” that encourages and rewards your children’s positive social interactions and behaviors. Our ABC Care Staff receive numerous trainings on behavior plans for both large groups and individuals. We use incentive programs and also individual “**peace**” or “**cool down**” boxes that teach children to demonstrate a wide variety of their emotions in appropriate ways. We also utilize ABC Care created “**Problem Solving Reports**” to guide children in learning how to resolve social and emotional conflicts.

When you see an **ABC Care Problem Solver Report** or **Conflict Resolution Sheet** please do not view it only in a negative light. They are **excellent learning opportunities** for your children to practice both problem solving and conflict resolution skills to enable them to **become happy, successful adults!** We have found that **success with children’s development occurs when home, school, and child care are all sharing clear communications and working together on common goals- the safety and well-being of your child.**



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