



## SACRED HEART SCHOOL PROGRAM SCHEDULE

### BEFORE SCHOOL SCHEDULE

6:45 - 7:40	Jrs/Srs/Middle Schoolers	<u>Self selected activities:</u> table games, puzzles, reading center, construction, creative arts, etc.
7:00 - 7:40	Jrs/Srs/Middle Schoolers	<u>Snack bar</u> open and available.
7:40 - 7:55	Jrs/Srs/Middle Schoolers	Gym games- Large muscle activities such as baseball, soccer, kick ball, team building games, jump rope, relay races, etc.
7:55 - 8:00	Jrs/Srs/Middle Schoolers	<u>Prepare for a day of learning:</u> final bathroom break and clean up.
8:15		Dismissal: staff escort children to class.

### AFTER SCHOOL SCHEDULE

3:00 – 3:10	Juniors	<u>Arrival:</u> the staff warmly greets children and takes attendance
3:10 – 3:30	Juniors	Stem activity science, technology, engineering or math.
3:30 - 4:00	Juniors	<u>Outside/Gym Games :</u> Large muscle activities such as baseball, soccer, kick ball, team building games, jump rope, relay races, etc.
4:00 – 4:15	Juniors	<u>Team Time:</u> The group will meet to discuss upcoming events and/or fundraisers, assist in planning activities, meet with club representatives on designated days, team building activities, brain teasers or do enrichment activities such as science, art history, math, literature, social studies, etc.
4:15 – 4:30	Juniors	<u>Homework/Quiet Choice Activities:</u> Children can begin their homework or choose to read quietly, use the higher level thinking activity center, creative arts activity center or play a table game.
4:30 – 5:30	Juniors	<u>Self-Selected Activities:</u> Table games, reading center, construction, creative arts puzzles, etc. At this time children can take part in the Specials Activity center, which focuses on enrichment areas of cooking, drama, math, science, social studies, literature and craft table is open.
3:10 – 4:30	Jrs /Srs	<u>Snack bar</u> open and available.
2:55 – 3:10	Seniors/Middle Schoolers	<u>Arrival:</u> the staff warmly greets Children.
3:10 – 3:40	Seniors/Middle Schoolers	<u>Homework/Quiet Choice Activities:</u> Children can begin their homework or choose to read quietly, use the higher level thinking activity center, creative arts activity center or play a table game.
3:40 – 4:00	Seniors/Middle Schoolers	<u>Team Time:</u> The group will meet to discuss upcoming events and/or fundraisers, assist in planning activities, meet with club representatives on designated days, team building activities, brain teasers or do enrichment activities such as science, art history, math, literature, social studies, etc.

4:00 – 4:30	Seniors/Middle Schoolers	<u>Outside/Gym Games</u> : Large muscle activities such as baseball, soccer, kick ball, team building games, jump rope, relay races, etc.
4:30 – 5:15	Seniors/Middle Schoolers	<u>Self-Selected Activities</u> : Table games, reading center, construction, creative arts puzzles, etc. At this time children can take part in the Specials Activity center, which focuses on enrichment areas of cooking, drama, math, science, social studies, literature and art activity center.
5:15 – 5:30	Jrs/Sr/Middle Schoolers	<u>Clean Up</u> : Children at various times are assigned to specific jobs and assist in the clean up of the center.
5:30 – 6:15	Jrs/Sr/Middle Schoolers	<u>Quiet self selected activities</u> : cards, puzzles, books, creative expressions drawings, chess, checkers.